



43rd ANNUAL CONFERENCE OF API KARNATAKA CHAPTER

THEME : INSPIRING MINDS, IMPROVING CARE



MAY 2026

HOST

**API SAHYADRI CHAPTER, SHIMOGA
SHIMOGA INSTITUTE OF MEDICAL SCIENCES
SUBBAIAH INSTITUTE OF MEDICAL SCIENCES**

SCIENTIFIC SCHEDULE

HALL A

Main plenary
&
specialty sessions

HALL B

Parallel sessions
&
YUVA KAPICON

WORKSHOPS & ABSTRACTS

Workshops, free papers
&
poster display

Venue

Shivamogga Institute of Medical Sciences, Sagar Road,
Mission Compound, Shivamogga, Karnataka – 577201



FRIDAY

08 May 2026

HALL A

TIME	TOPIC / TALK	SPEAKER
Session 1 — Improving Care <i>Chairpersons: Dr HR Devendrappa, Shimoga Dr Sahadev HK, Chikmagalur</i>		
09:00–09:20	Current perspectives on the management of acute coronary syndrome <i>Supported by Nanjappa Life Care Shimoga</i>	Dr J Narendra , Shimoga
09:20–09:40	Diabetes in pregnancy: optimising maternal and foetal outcomes	Dr Mallikarjun H , Chikmagalur
09:40–10:00	When the diagnosis is uncertain: a clinical approach to a difficult patient	Dr Vishwanath Krishnamurthy , Bangalore
Orations & Honour Lectures <i>Chairpersons: Dr B Mahalingappa, Raichur Dr Sangram Biradar, Kalaburgi</i>		
10:00–10:30	Dr Shashidhar Malakreddy Oration — Diabetic kidney disease: from pathways to precision	Dr Cynthia Amrutha Sukumar , Manipal
<i>Chairpersons: Dr.Vasantha Kamath Dr.Madhumathi , Bangalore</i>		
10:30–11:00	Dr VG Nadagouda API Honour Lecture — Beyond the classic paradigm: emerging trends in tubercular lymphadenitis	Dr Jayachandra , Bangalore
<i>Chairpersons: Dr.Murali Mohan BV , Bangalore Dr. Suresh Sagarad, Raichur</i>		
11:00–11:30	APICON 2018 Oration — High burden, low access: deciphering the dual challenge	Dr Basavaraj M Patil , Raichur
11:30–12:00	CME Inauguration	
Keynote <i>Chairpersons: Dr Suresh Sagarad, Raichur Dr. Sangram Biradar, Kalaburgi</i>		
12:00–12:25	LAI-ASCVD risk calculator — Indian perspective	Dr Raman Puri -New Delhi
Session 2 — Hypertension <i>Chairpersons: Dr Srivatsa Nadig, Shimoga Dr Satish Ramana, Bangalore Dr BC Prakash, Bangalore</i>		
12:25–12:45	Treatment of hypertension — New drugs on the horizon	Dr Suresh Sagarad , Raichur
12:45–13:05	ABPM in the management of hypertension	Dr S B Hegde , Shimoga

Session 3*Chairpersons: Dr BS Nagaraja, Bangalore | Dr Mohan Kumar M, Bangalore*

13:05–13:25	Obstructive sleep apnea — an important part of metabolic syndrome	Dr B V Muralimohan, Bangalore
13:25–13:45	What is new in the management of ITP?	Dr Prashanth B, Mangalore
13:45–14:05	Endovascular solutions for stroke and beyond	Dr Vikram Huded, Bangalore

Session 4 — Diabetes & Nutrition*Chairpersons: Dr KP Suresh Babu, Tumakur | Dr Prashanth BV, Bangalore | Dr SS Chandrakanth, Shimoga*

14:05–14:25	A prescription of exercise for diabetes	Dr Uday Bhande, Hubli
14:25–14:45	“When” you eat is as important as “What” you eat: chrono-nutrition for diabetes management	Dr Smitha Bhat, Mangalore
14:45–15:05	Hypomagnesemia in cardiometabolic disorders — under-recognised and under-treated	Dr Manohar K N, Bangalore

Session 5 — Tropical & Infectious Diseases*Chairpersons: Dr Sumanth BV, Chamarajanagar | Dr Rathnakar, Shimoga*

15:05–15:25	Dengue in pregnancy	Dr Vasantha Kamath, Bangalore
15:25–15:45	KFD — Diagnostic challenges	Dr Kavitha Saravu, Manipal
15:45–16:05	Liver dysfunction in Tropical fevers	Dr V. Channaraya, Bangalore

Session 6 — Symposium on medico-legal issues*Chairpersons: Dr Ravish KR, Shimoga | Dr Prashanth Patil, Bidar*

16:05–16:25	Should medical profession be excluded from Consumer Protection Act?	Dr S M Kantikar, Shimoga
16:25–16:45	Concept of standard of care in medical negligence cases	Dr Sadananda Naik, Moodbidri
16:45–17:05	High-risk clinical situations and how to stay medicolegally safe	Dr Ravindra K R, Bangalore

18:00 onwards Conference Inauguration**Evening** Inaugural Dinner**The Venue for the Inaugural Dinner on 08th May 2026.**

Kimmane Luxury lawns, near Kimmane Golf resort,
Aladevara Hosur, Shimoga



HALL B

TIME	TOPIC / TALK	SPEAKER
Session 1 — Infections		
<i>Chairpersons: Dr Madhusudan C, Bangalore Dr Padmaprasad, Hassan Dr Ramamurthi, Kumta</i>		
12:00–12:20	Brucellosis: an update	Dr Bhanukumar , Mysore
12:20–12:40	Antimicrobial resistance: a silent pandemic	Dr Ramya Bhat , Shimoga
12:40–13:00	Procalcitonin: uses and fallacies	Dr Uma Maheshwari , Ballari
Session 2		
<i>Chairpersons: Dr Mallikarjun HP, Shimoga Dr Karthik Rao, Karkala</i>		
13:00–13:20	Gut microbiome and diabetes: clinical relevance for practicing physicians	Dr Rajesh Honnutagi , Vijayapura
13:20–13:40	Are we overusing steroids in acute medical conditions?	Dr Umesh G Rajoor , Koppal
13:40–14:00	Oncological emergencies	Dr Dhanaraj K M , UAE
Session 3 — Obesity, Thyroid & Lipids		
<i>Chairpersons: Dr Shashidhar, Tumakur Dr Gopal D, Shimoga</i>		
14:00–14:20	Beyond BMI: Assessment of obesity and body fat in clinical practice	Dr Annappa Pangi , Athani
14:20–14:40	Hypertriglyceridemia — Treatment concerns	Dr Raghavendra Belgamkar , Hubli
14:40–15:00	Subclinical hypothyroidism — When to treat?	Dr Shrinath KM , Mysore
Session 4 — Infectious Disease		
<i>Chairpersons: Dr SS Reddy, Raichur Dr Vishwanath Nowbade, Kalaburgi</i>		
15:00–15:20	Cytokine storm — win the battle but lose the war	Dr Archana Bhat , Mangalore
15:20–15:40	Chronic post-infectious syndrome	Dr Kiran Aithal , Dharwad
15:40–16:00	Advanced HIV disease: comprehensive management	Dr Dhyanesh Morkar , Belagavi
Session 5 — Hypertension in Special Contexts / Lipids		
<i>Chairpersons: Dr Maithili, Shimoga Dr Ambarish Avathe, Bidar</i>		
16:00–16:20	Hypertensive disorders in pregnancy	Dr B K Sundar , Ballari
16:20–16:40	An approach to resistant hypertension	Dr Subhashchandra B J , Mysore
16:40–17:00	Lipoprotein (a) and CV risk	Dr Medhini Allam , Ballari

SATURDAY

09 May 2026

HALL A

TIME	TOPIC / TALK	SPEAKER
Session 7 — Research Integrity <i>Chairpersons: Dr Ravikumar YS, Mysore Dr GT Basavaraj, Kalaburgi Dr Raju Badiger, Belgaum</i>		
09:00–09:20	Evolution of heart failure and its implications in practice	Dr V A Kothiwale , Belagavi
09:20–09:40	When science fails: fabrications, falsifications and fraud	Dr Premanath M , Mysore
09:40–10:00	Decoding the reviewer's mind: how to respond to revision requests	Dr Nandini Chatterjee , Kolkata
Session 8 — Neurology <i>Chairpersons: Dr Roopa, Bangalore Dr Vaman Shanbag, Shimoga</i>		
10:00–10:20	The first seizure: to treat or wait?	Dr Shivaramakrishna A , Shimoga
Orations & Guest Lectures <i>Chairpersons: Dr B Ramesh, Chamrajnagara Dr K R Raveendra, Bangalore Dr Pruthvi B C, Shimoga</i>		
10:30–11:00	Chairman's Address — A physician's journey in rural India	Dr B Mahalingappa , Raichur
<i>Chairpersons: Dr K.Ravi, Bangalore , Dr.Srinath K M, Mysore</i>		
11:00–11:30	APICON 1985 Guest Lecture — Are physicians still relevant in this era of super-specialities?	Dr S M Somanath , Ballari
<i>Chairpersons: Dr H.Basavanagowdappa, Mysore Dr V.Channaraya, Bangalore</i>		
11:30–12:00	Dr KS Shadaksharappa Memorial Oration — Steroids in sepsis	Dr K C Shashidhara , Mysore
Session 9 — Physician Wellbeing & Plenary <i>Chairpersons: Dr PK Pai, Shimoga Dr Mahesh Murthy, Shimoga Dr Prasannakumar, Mysore Dr Sangram Biradar, Kalaburgi</i>		
12:00–12:20	The biology of burnout: sleep, stress and metabolic disease in physicians	Dr H. Basavanagowda , Mysore
12:20–12:50	Plenary Session — New frontiers in therapeutic endoscopy	Dr D Nageswara Reddy , Hyderabad
12:50–13:10	A shift from scalpel to catheter — a new era of valvular intervention: TAVI	Dr Ranjan Kumar Shetty , Bangalore
Session 10 <i>Chairpersons: Dr Vishwanath, Shimoga Dr Muddurangappa, Tumkur</i>		
13:10–13:30	Choice of antihypertensives in diabetes for CV protection <i>Supported by IPCA Lab</i>	Dr L Sreenivasamurthy , Bangalore
13:30–13:50	Zombie tests in fever management	Dr D. Suresh Kumar , Chennai
13:50–14:10	Dual Agonism : A new frontier in Obesity and T2D Care: Tirzapatide, a unified strategy for metabolic disease <i>Supported by Eli Lilly</i>	Dr Vageesh Ayyar , Bangalore

Session 11 — Liver, Brain & Toxicology*Chairpersons: Dr M Mahesh, Mysore | Dr Vasudev Acharya, Manipal*

14:10–14:30	MASLD — current understanding	Dr Shekar M A, Mysore
14:30–14:50	Initiate with impact: r-DNA semaglutide redefining first-line diabetes care <i>Supported by Novo Nordisk</i>	Dr Harish Darla, Mysore
14:50–15:10	Snake bite: long-term complications	Dr Nagesh K, Channarayapatna

Session 12 — Nephrology*Chairpersons: Dr Ishwar Hasbi, Hubli | Dr Niranjan MR, Mysore | Dr Arun Kumar, Sagar*

15:10–15:30	Emerging treatment options to prevent progression of CKD	Dr Gurudev K C, Mysore
15:30–15:50	Nephrology for physicians: Do's and Don'ts	Dr Shankar Prasad, Manipal
15:50–16:10	Approach to metabolic acidosis in clinical practice — case studies	Dr Sudha Vidyasagar, Chennai

Sessions 13— Electrolytes, Psychiatry*Chairpersons: Dr Rajiv Agarwal, Davanagere | Dr Raviraj Acharya, Manipal*

16:10–16:30	Emerging concepts in chronic hyponatremia	Dr M Chakrapani, Mangalore
16:30–16:50	Medical conditions presenting like psychiatric emergencies	Dr Prabhakar K., Kolar

Sessions 14 & 15 —CPC*Chairpersons: Dr Anupama YJ, Shimoga, | Dr Venkatesh BM, Mangalore*

16:50–17:30	Clinico-Pathological Case Conference (CPC)	Dr Shivashankar KN / Dr Mahesha V / Dr Ravi J, Manipal / Bangalore
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18:00–19:00 **General Body Meeting (GBM)****19:30 onwards** **Gala Dinner****The Venue for the Gala Dinner on 09th May 2026**

Kimmane Luxury lawns, near Kimmane Golf resort,
Aladevara Hosur, Shimoga



HALL B

TIME	TOPIC / TALK	SPEAKER
Session 6 — Diabetes Pharmacotherapy / Toxicology		
<i>Chairpersons: Dr Sharan Badiger, Vijayapura Dr S Chandrashekar, Davanagere / Dr Amith Kumar, Shimoga</i>		
09:00–09:20	Modern sulfonylurea and metformin: the backbone of India's diabetes care <i>Supported by USV</i>	Dr Amrit Nanaiah , Coorg
09:20–09:40	The firstline paradigm shift — new NICE guidelines for upfront SGLT2i + metformin therapy <i>Supported by USV</i>	Dr Sunil Gayad , Hubli
09:40–10:00	Paraquat poisoning	Dr Aravind C L , Shimoga
10:00–10:20	Rodenticide poisoning	Dr Madhumathi R , Bangalore
Session 7 — Infections		
<i>Chairpersons: Dr Surendra EM, Davanagere Dr Sachin Hosakatti, Hubli</i>		
13:00–13:20	Immunisation in older adults	Dr Anand Ambali , Vijayapura
13:20–13:40	Leptospirosis and pulmonary haemorrhage	Dr Chandrashekar GS , Udupi
13:40–14:00	Emerging and re-emerging infections	Dr Rekha M C , Mandya
Session 8 — Diabetes Care		
<i>Chairpersons: Dr Anand Naik, Karkala Dr L Patrick, Chikmagalur Dr Shunyasampad, Shimoga</i>		
14:00–14:20	Unmet needs in diabetes care	Dr Anasuya D S , Bangalore
14:20–14:40	Principles of practising modern medicine	Dr. D Govindappa , Bangalore
Session 9 — YUVA KAPICON (Young Physicians)		
<i>Chairpersons: Dr Mahesh Hanabal, Hassan Dr Indumathi, Shimoga</i>		
14:40–15:00	Hyperprolactinemia — evaluation and management <i>Supported by Nanjappa Hospital Shimoga</i>	Dr Sphoorti Pai , Shimoga
15:00–15:20	Lab-based pitfalls in rheumatology: avoiding over-diagnosis and under-treatment	Dr Deepti Agarwal , Davanagere
15:20–15:40	Asymptomatic hyperuricemia — innocent bystander or a menacing foe?	Dr Darshana R , Bangalore
Session 10 — YUVA KAPICON (Young Physicians)		
<i>Chairpersons: Dr Vamadev, Mysore Dr Manjunath FV, Shimoga Dr Kshama Ramesh, Mysore</i>		
15:40–16:00	Obscure GI bleed — evaluation and management	Dr Shivaraj Afzalpurkar , Davanagere
16:00–16:20	Evaluation of stroke in the young	Dr Nagabhusan Hesarur , Raichur
16:20–16:40	Post-COVID-19 infectious diseases — What Changed?	Dr Yeshavanth G , Davanagere
16:40–17:00	Improving outcomes in unresectable HCC <i>Supported by Roche</i>	Dr Adarsh CK , Bangalore

SUNDAY

10 May 2026

HALL A

TIME	TOPIC / TALK	SPEAKER
Session 15 — Endocrinology & Haematology		
<i>Chairpersons: Dr Bindu, Hassan Dr Shekarappa, Shimoga Dr JB Karanth, Sirsi</i>		
09:00–09:20	Primary adrenal insufficiency: timely diagnosis and optimal care	Dr Praveen Devarabhavi, Shimoga
09:20–09:40	An approach to recurrent anaemia	Dr Sachin Jadhav, Bangalore
09:40–10:00	Age reversal: a novel concept for disease reversal	Dr Pradeepkumar TJ, Bangalore
Session 16 — Memorial Orations		
<i>Chairpersons: Dr KG Suresh, Bangalore Dr D Govindappa, Bangalore</i>		
10:00–10:30	Dr TB Basavarajendra Memorial Oration — Chronic myeloid leukaemia: lessons learnt over 3 decades	Dr K Govinda Babu, Bangalore
<i>Chairpersons: Dr HK Rajashekar, Hassan Dr Ravikeerthy M, Bangalore</i>		
10:30–11:00	Dr M Maiya Oration — Diabetes brain fog: cognitive dysfunction in Diabetes, lipid neural networks and vascular connections	Dr Mukhyaprana Prabhu, Manipal
Session 17 — Awards, Quiz & Valedictory		
<i>Chairpersons: Judges: Dr Prabha Adhikari, Mangalore Dr HK Rajashekar, Hassan Dr Prabhakar, Kolar</i>		
11:00–12:00	Dr V Parameshwara Award Paper Session	
12:00–12:10	Dr Premanath Best Original Article Presentation	
12:10–13:00	Dr BKS Murthy API PG Quiz Programme Finals	Quizmaster: Dr BV Muralimohan, Bangalore
13:00–13:30	Valedictory Function	
13:30	Lunch and farewell	

WORKSHOPS & POSTERS

TIME	TOPIC / TALK		
08th May 2026 Community Medicine Hall			
12:00–14:00	Ventilator management workshop - Dr Pradeep Rangappa Dr Justin Gopal Das, Bangalore / Dr Varun Byrappa, Bangalore / Dr Himaldev, Bangalore / Dr Ajit Kumar, Bangalore / Dr Ganesh, Bangalore		
Free Papers Sessions — Halls D to K			
14:30–16:30	08 th May 2026	08:30–10:30 14:30–16:30	09 th May 2026
Poster display & Presentations Sessions			
14:00–17:00	08 th May 2026	08:30–10:30	09 th May 2026